## What's Inside?

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinic Address by Dr. &amp; Mrs. Wing</td>
<td>0</td>
</tr>
<tr>
<td>State of the Clinic by Peter Kally and Jaysonn Fiterr</td>
<td>1</td>
</tr>
<tr>
<td>What Clinic Means to Me by Michael Ibrahim</td>
<td>2</td>
</tr>
<tr>
<td>State of the Clinic (cont.) &amp; Dental by Heather Hedrick</td>
<td>3</td>
</tr>
<tr>
<td>Pharmacy by Michelle Park</td>
<td>4</td>
</tr>
<tr>
<td>Needy Meds by Eddie Lievanos &amp; Social Services by Maher Blaibel</td>
<td>5</td>
</tr>
<tr>
<td>Diabetes Health Program by Michelle Ramon &amp; Labs by Ivie Egiebor</td>
<td>6</td>
</tr>
<tr>
<td>Lung Health Program by Victoria Senechal</td>
<td>7</td>
</tr>
<tr>
<td>Patient Outlook by Robbin Melo &amp; MedSpa by Michelle Bruno-Castillo</td>
<td>8</td>
</tr>
<tr>
<td>Hygiene Kits by Salil Chopra</td>
<td>9</td>
</tr>
<tr>
<td>Finance by Jason Tran &amp; Front Desk by Miles Ondoy</td>
<td>10</td>
</tr>
<tr>
<td>Mental Health by Janee Both Gragg</td>
<td>11</td>
</tr>
<tr>
<td>Future of the Clinic by Alice Brown</td>
<td>12</td>
</tr>
</tbody>
</table>

[www.riversidesrhc.com](http://www.riversidesrhc.com)
Congratulations to our students and their Student Run Health Clinic now entering its tenth year. When the clinic began ten years ago it started modestly, offering once a month very basic medical and pharmaceutical services. Each year since then our dedicated, committed, creative, hardworking students have worked together to provide new services, reorganize current services, recruit new volunteer organizations and generally expand horizons. So, now ten years later the SRHC offers free basic medical, dental, pharmaceutical and mental health services twice a month as well as ongoing diabetic management and a smoking cessation support group. Undergraduates trained by the medical students operate triage, registration, social services, collect social histories and do the clerical work.

We are currently serving 60 to 70 culturally diverse homeless and working patients. Because of their situations our patients provide especially challenging problems. The students have worked very hard to meet these challenges by developing caring, trusting relationships with these patients, thus, providing a very positive experience for all involved. They are popular with their patients and have maintained the empathetic and humanitarian spirit that represents the foundation of the SRHC.

For the past ten years it has been a joy and an honor for us to work with these students. We benefit greatly from their youthful enthusiasm and energy. (We hope a bit of this wears off on us). So, now we step aside and let them tell their stories.

Richard and Donna Wing
State of the Clinic

by Peter Kally and Jayson Fitter

As our term as Medical Student Representatives comes to an end, we would like to talk about a few of the highlights from this year at the Student Run Health Clinic (SRHC). This past year, we have had a surge of new medical students with the opening of the UC Riverside School of Medicine. All of these students were chosen for UC Riverside because they share a goal of serving the underserved in Southern California. This coincides well with the mission of the SRHC and led to greater student involvement than ever before—doubling the number of students who volunteer at the clinic. We have also expanded the services we provide by integrating patient education though the Mini Medical School program, which teaches healthcare tips on managing chronic conditions and strategies for staying healthy. The University of Redlands students and faculty are now providing mental health services, which has been well received by the patients who have no other means of accessing counseling services. Our social services department has been constantly expanding and with the advent of the Affordable Care Act is now able to provide more resources on access to health insurance for our patients. In addition, the Needy Meds program is allowing more patients than ever access to medication that was previously unaffordable.
What Clinic Means to Me

by Michael Ibrahim

With the help of licensed health professionals and dedicated students, the Student Run Health Clinic (SRHC) aims to provide free healthcare to the Riverside community, while building a foundation of humanity for future health professionals to adopt. My time with the SRHC exposed me to underserved communities in Inland Southern California who are disproportionately burdened by conditions such as hypertension, diabetes and obesity. Often, these patients are homeless, uninsured, or insured but have financial problems. I started participating in community service to give; but little did I know that I would receive so much more.

Each week I talk to a new person and get to know his or her story; I have the privilege of connecting with another human being which is truly a blessing for me. Taking patients in, discussing their ailments, partnering them with medical students, collaborating with various departments such as Pharmacy and Social Services all in order to provide holistic care is very rewarding. Our patients are unable to pay for their medication; but being part of the Clinic has opened my eyes to the service that can be done when health professionals partner up and work together towards a common goal. It is amazing to be part of an opportunity that values teamwork and selflessness. SRHC is the epitome of holistic healthcare. The patients come first; every patient is seen, regardless of income and insurance.

At SRHC, our patients range from homeless people to working class citizens who simply cannot afford insurance. I have learned to treat all people as just that...people. No labels should be placed on them, no judgment should be passed and no one should be deprived of the right to receive medical care. This experience exposed me to the heart of practicing medicine, which is providing care without a biased or discriminatory eye. It is one of the reasons why I am driven to serve disadvantaged populations.

I hope to translate this experience into real practice by truly serving my community not only as a physician but as a civil servant. This involvement helped me develop a sincere compassion for people, especially underserved communities.

My perspective has ultimately helped me connect with diverse communities, relate to my peers and assume cultural competency. While I work with disadvantaged communities, I will always offer my understanding of adversity, current perspectives and, most importantly, my drive and passion to serve others.
The entire process of seeing patients at SRHC has been streamlined in order ensure that more patients are able to receive culturally competent care in a time efficient manner care each week. Our pharmacy, staffed by the Loma Linda School of Pharmacy students and faculty, has made medication labels available in Spanish so that patients can be sure they are taking their medications correctly. In addition, we have expanded our medical translator program so that Spanish-speaking patients can feel comfortable that their concerns are understood and their treatment plan is relayed accurately.

Last year in 2013, the SRHC Fundraising banquet was extremely successful and has contributed to the continued financial stability of the SRHC. Without the support of our community, we would not be able to provide so many of the services, and we are eternally grateful for their support. In the coming years, we hope to expand the clinic to better fit the changing needs of the Riverside community, and with the growing medical student population at the UC Riverside School of Medicine, we expect that the SRHC will be a rewarding experience for years to come.

### FAST FACTS

| **45** | SRHC sees about 45 patients on average every clinic. |
| **100** | Clinic is run by more than 100 volunteers! It takes about 40 undergraduates, 40 medical students, 15 doctors, 20 pharmacy students/pharmacists, 20 dental students, and 15 mental health specialists! |
| **NEW PATIENTS EVERY CLINIC!** | On average, the SRHC gets 3-4 new patients every clinic. |

Since the Dental Clinic first opened its doors, Western University dental students volunteer their time once a month to provide free dental care to the underserved population. They offer cleaning and preventative hygiene information, fillings, extractions, x-rays, restorative services, and even referrals to other clinics if unable to perform the needed procedure at the church. The faculty and student practitioners also provide education to help our patients live a healthy lifestyle to ensure continued daily oral and overall health. The dental service is one of the most common services asked for on a weekly basis.

Although the clinic is offered only once a month, they treat up to fifteen patients per evening. Pre-dental undergraduate students from the University of California Riverside, who also benefit greatly from the experience by contributing and ensuring that the clinic is run smoothly and efficiently, are the link that connects the Riverside residents with the dental students out of Pomona and often shadow and sometimes even assist while the clinic is in session. Today, the Dental Clinic continues to aid the Riverside community with the goal of fighting oral health disparities, having patients leave through the doors with a smile on their faces!
Labels
Undergraduates Franky Yan, Farnam Kachouei, and Paulynn Carrington run the show when it comes to labeling all prescriptions.

Did we get that right?
First year medical student, Parke Hudson confirms the prescription with pharmacist Scott Glenny.

FAST FACTS

6&6
Typically, the pharmacy has 6 students from Loma Linda and 6 students from Western University volunteer, along with 3 pharmacists helping precept all students.

130
On average, the pharmacy fills 130 prescriptions for patients!

MEDICATIONS!
Pharmacy tries to adjust the formulary based on the needs of the clinic—currently carries 80 different medications!

Pharmacy

by Michelle Park

Through the pharmacy department at the Student Run Health Clinic (SRHC), patients receive free medications. The goal of the pharmacy department is to provide patients with their medications in an accurate and timely manner while ensuring patient safety and medication adherence. The pharmacy dispenses an average of 150 medications per clinic. Each of those medications is provided free-of-charge. The pharmacy also evaluates stable patients for refills on their medications. This allows additional patients to be seen by medical students, and maximize the overall impact of the clinic.

The pharmacy is operated by volunteers who are pharmacists, pharmacy students from Loma Linda and Western University, and undergraduates. On any given clinic night, at least fifteen volunteers rotate through the pharmacy. Like all others involved with the clinic, the students and pharmacists donate their time and efforts to provide quality care to our patients. Students not only gain experience in pharmacy, but also see first-hand how much patients value the medical care provided by the clinic.

Many students often state that their interactions with clinic patients are highly memorable and meaningful. For example, a patient’s medications are given priority because she must catch the 9 o’clock bus, her only means of transportation, or risk being stranded. When counseling another patient on his medication, he starts sharing about difficulties at home that distract him from taking his medication. He states that the only ones who encourage him to take care of himself are the students at the clinic.

Ultimately, many of these patients will not get the medication they need if it were not for the clinic. If patients missed a clinic visit, they often state that they went without their medication because they had no other choice. It makes students acutely aware of the lack of healthcare accessible to this patient population. As future healthcare providers, students are motivated to continue to serve such patients.
Needy Meds

by Eddie Lievanos

An initiative of the Student Run Health Clinic, the Needy Meds program aims to provide expensive medications to patients at almost no cost. For those without health insurance, which encompasses a large population of the clinic’s patients, Needy Meds is an outlet for free and effective medications. In collaboration with the attending physicians, medical students, and Needy Meds committee members, we strive to provide the best and most affordable medications to our patients.

Ranging from asthma inhalers to pain relieving medications, the drawers of the Needy Meds pharmacy are consistently restocked with free medicine. How the program works is as follows: Patients will fill out an application for a specific medication. The Needy Meds committee members guide our patients through the process and communicate with the numerous pharmaceutical companies that we work with. If applications are approved, patients receive free medication for an entire year.

Helping our patients obtain medications that were once unobtainable, is a great accomplishment. The Needy Meds committee is currently working on expanding the list of medications available for our patients and trying to achieve the ultimate goal of providing insulin to our patients. Committee members continue to work diligently and efficiently to keep track of all of our patients. There is nothing more rewarding than guiding a patient through the entire process and to see their health improves.

Social Services

by Maher Blaibel

One day, a middle-aged woman came into the Student Run Health clinic with an infected finger. Lacking both health insurance and the ability to pay for out-of-pocket emergency visits, she admitted to waiting a week for the upcoming clinic. Upon examination, the physician concluded the infection spread to the palm of her hand. Due to the extensive nature of her infection, the clinic team was unable to administer aid, and she was referred to the emergency room. Inspired in 2012, undergraduates created the social services committee to address informational health disparities.

Since the creation of the social services branch, we have been able to impact the lives of many patients by giving them information about free or low cost resources. Some of the services provided include assisting patients with understanding and securing healthcare, referring them to optometry services and domestic violence services. Presently, many patients have come back and reported to us that our actions have positively impacted their lives.
Diabetes Health Program

by Michelle Ramon

In the United States, diabetes is the leading cause of death, and approximately 25.8 million Americans live with this chronic disease. Within Riverside County, it has taken place as the seventh leading cause of death, contributing to a mortality rate of nearly three percent in 2010. Mitigating this health problem, the diabetes management program of the Student Run Health Clinic aids the local community by empowering and educating pre-diabetic and diabetic patients. Our main goal is to ensure that all of our patients have their diabetes controlled and are informed of how to properly take care for themselves.

For example, we educate on health topics such as exercise and dietary habits. Medical and undergraduate students provide lesson plans on pertinent areas of diabetes that include carbohydrate meal planning, glycemic index reading, and healthy snacking. In addition, the trends of our patients’ glucose logs are discussed on a personal level so that each patient can understand how to begin an individualized step towards a brighter future. With this program, we hope to alleviate the number of individuals affected by diabetes and to prevent complications that go along with uncontrolled diabetes.

Labs

by Ivie Egiebor

The Labs / Tech Committee is responsible for running essential tests to both diagnose and monitor treatment for patients at the Student Run Health Clinic (SRHC). These labs include blood work, urinalysis, fecal occult blood, and ECGs. This portion of the clinic plays a key role in health because it allows medical students and physicians to see the biochemical course of a disease and give an appropriate diagnosis, treatment, and prognosis. An example of our work would be measuring HbA1c to see the extent of diabetes in a new patient and re-measuring it on regular intervals after starting treatment to make sure prescribed medications are working best for each patient.

In addition to providing a vital tool to allow for the best medical treatment of our patients, Labs/Tech committee gives medical students the independence to learn which tests are essential for different patient presentations as well as how to interpret the labs they get back. Considering SRHC provides free care, we pride ourselves in making sure our medical students know the essential tests for each particular case instead of ordering a wide range of labs to hopefully catch the problem. This helps teach our medical students to be smarter physicians and to keep from passing the financial burden of excessive medical testing onto their patients.

AROUND THE CLINIC

Labs

Undergraduates Mallorie Custodio, Queen-Ivie Egiebor and first year medical student, Vincent Narvaez, go over lab procedures.

Diabetes

PhD student, Riva Dill, and undergraduates, Michelle Ramon and Robin Melo, discuss the chart of a diabetic patient.

We did it!

Lung health specialists, Victoria Senechal and Kevin Westbrook have 22 people on various stages of quitting and 12 others receiving asthma medicine and establishing asthma action plans.

Mental health

Mental health specialists convene to go over different patient situations.
The adage “knowledge is power” is a fundamental tenant of healthcare. In the year 2013 the limiting factor in patient health is a lack of understanding of the health risks of smoking, polluted air, improper management of asthma and risky behaviors that damage lung tissues. SRHC volunteer, former smoker and military healthcare specialist, Kevin Westbrook, said this knowledge propelled his desire and ability to quit. In our underserved communities behaviors and habits that are known to increase risk for lung disease are common and often left unattended. At the SRHC we work to educate and facilitate underserved populations to increase their understanding of their individual health risks and to provide a support group for their journey. Daughter of a religious smoker and SRHC volunteer, Angie, says she is thankful for the education she has and wants to put her knowledge and experiences to good use. Coming from a family of low income and lack of access to health insurance she declares programs that work with people to teach them how to best manage their health using the resources they do have are the most effective.

The Lung Health Program at the SRHC works primarily to engage and empower people to take control of their own lung health. When asked how this new program will help improve lung health in the Inland Empire, SRHC Lung Health and Asthma Awareness founder had this to say: “Smoking is the norm on both sides of my family. For some, the printing of cancer warning labels on cigarettes was enough motivation to quit. For others, it took the deaths of too many family members from smoking related diseases for them to fight for cleaner air. It is hard for me to watch my dad and uncle smoke in front of my grandma who just lost her brother and countless others to lung cancer. It was harder still to say goodbye to my cousins who moved hundreds of miles away so they could live without daily asthma attacks from cigarette smoke and air pollution. People desperately need help to develop a personalized action plan for proper lung health management and our program aims to support them every step of the way.”

Our volunteers work with each patient to develop a personalized action plan for quitting smoking, advocating for cleaner air or managing their asthma. Patients are given materials such as quit kits, nicotine replacements, asthma medications, education materials, and lists of other resources to support their plans. Volunteers promote the patient's involvement in developing their own strategies, recognizing that the patient is the expert of their own health status.

Asthma is the most common chronic disease among children in the U.S. and a leading cause of hospitalizations and absences from school. It is characterized by variable airflow obstruction with airway hyper-responsiveness. In 2009 asthma affected an estimated 14-15 million Californians, including 14% diagnosed children ages 5-17. At the Riverside County level, the asthma hospitalization rate for children ages 0-17 is 10.6 per 10,000. While, an asthma episode may come on quite quickly, there are always signs that indicate an increase in asthma symptom severity. Using an action plan takes the guesswork out of treating asthma episodes by outlining how to manage asthma at each level of symptoms present.

Through our program, people are taught in such a way that they can then educate others concerning proper lung health. Outside of the clinic volunteers reach out to the Riverside community via health fairs, town house meetings, and assemblies to educate the greater population on the significance of lung health and the different factors that impact it. Public policy activist and SRHC volunteer, Chelsea, is driven by her belief that through health education and collaboration with the patient, we can help the patient quit smoking or properly manage their asthma. We are firm believers in the importance of encouraging the patient to take an active role in their own health.
Patient Outlook

by Robbin Melo

Presently, California has one of the greatest number of uninsured residents of any state, and the Riverside County houses a large population of citizens without health insurance. In response, the Student Run Health Clinic was created to address these needs. Essentially, the clinic serves to provide free healthcare and prescription drugs.

One patient who often visits the clinic is Becky, and she has been going for 3 years now. Initially, she went to clinic due to diabetes and its prevalence in her family. She grew up watching her uncle live with diabetes, untreated, and as a result lead to numerous debilitating health problems. She decided to be proactive in her health and attend clinic, regardless of her lack of healthcare. Becky stated, “This clinic saved my life!”

Becky is always happy and can be seen constantly joking with the other patient and student volunteers in the waiting room, whilst waiting patiently to be seen by the medical staff. Her presence is a delight to not only the other patients but also the staff. Although she does not have many options in her healthcare, she strives to monitor her diabetes and health with the clinic. She is always very receptive with the treatment plans and does her best to be optimistic and desire improvement.

MedSpa Program

by Michelle Burno-Castillo

Centered in a community with residents who mainly spoke Spanish, MedSpa was created to address the language barriers and needs of the patients. During clinic hours, MedSpa volunteers translate for patients who only spoke Spanish and thus bridge the communication between physician, medical student, and patients. As a goal, MedSpa aims to increase community unity so that people of various backgrounds could now attend the clinic knowing that their needs would be fulfilled.

The members of MedSpa are skilled with both medical and informal Spanish and their eagerness to help is what makes this program work. As a team, we work hard to practice our speech and to craft this skill. MedSpa is honored to be able to advocate for these patients as many of us, have too been in likewise positions. In the future, we will strive to find better ways to connect more with the patients and to integrate ourselves into every aspect of Student Run Health clinic, so that the need to say, “Help” or “Ayuda” is not necessary because one of us will already be there.

DID YOU KNOW?

Did you know that MedSpa actually stands for Medical Spanish program?
Hygiene Kits

by Salil Chopra

Brushing teeth and bathing are a daily routine most of us take for granted—but some don’t have access to the most basic hygiene necessities. In the face of homelessness and poverty, a hygiene kit can mean the difference between sickness and health for struggling families and individuals. The SRHC Hygiene Kits program provides patients with some basic items such as toothbrushes, deodorant, razors, and soap. For those homeless who fortunate enough to have some form of income, memberships to health clubs or gyms will give them access to showers. However, not every homeless person may be able to afford those memberships – and again, alternative locations are used. Generally, these alternate places are public bathrooms in city parks, bus or train stations, truck stops, government buildings, fast food restaurants, and even airports.

For women who are homeless, there is an additional burden to personal hygiene: their menstrual cycle. Bandages, mouthwash, and other items may be very helpful if the program can provide them someday.

Undergraduates, Imantha Ambrose and Anita Phan, help distribute a kit to a patient.

Needymeds leader, Eddie Lievanos and member Camille Wilson work with medical students Yasaman Demehri and Tony Cassillas to see which medicines need to be ordered.
Finance and Fundraising

by Jason Tran

Since 2005, the Student Run Health Clinic (SRHC) has been providing free healthcare to residents across the Inland Empire. As a non-profit, this clinic operates on charitable donations from local residents, businesses, students, and even global corporations. The Financing and Fundraising Committee of SRHC works as a team to obtain these funds.

Since the beginning of summer, the committee leader works with undergraduate students to devise a game plan and throughout the year, initiates them.

For one, the team organizes and sends donation requests to a list of possible donors and businesses for items to be auctioned. Secondly, they meet local businesses to hopefully garner more items. Lastly, they reach out to friends, families, coworkers, and other personal contacts to collect more donations.

At the same time, the committee works with medical students to establish an annual banquet and silent auction. During this time, community workers, physicians, and other caring leaders come to celebrate a fruitful year of volunteerism. The Financing and Fundraising Committee raises interest among this group to possibly bid on some of the donation items – iPads, gift cards, themed baskets, etc. Additionally, they also facilitate monetary and check donations. Although the committee members may not work directly with patients, they provide the financial base to make the clinic run. As the committee head this year, I cannot be more grateful for my amazing team.

Money Crunching
Undergraduate, Jason Tran, is always on top of his game when it comes to managing and crunching numbers.

Front Desk and Intake

by Miles Ondoy

As clinic opens, patients check in with an Intake Manager. This allows pertinent information to be gathered in order to retrieve returning patient files, or create new files for first-time patients. Additionally, patients may request a specific medical student with whom they have built a relationship at the time of intake.

Concurrently, committee members quickly pull patient files and place them in line, triaged based on time of arrival and severity of condition. In order to keep the line of patients moving, patient files are scanned for specific paperwork indicating that the patient can simply have their scripts refilled and does not need to be seen by a medical student. Considering patients can be at clinic for a few hours from the time they set foot in line until they’ve been seen by a medical student, finding ways to reduce a patient’s time at clinic while maintaining the order in which patients were triaged are common tasks for committee members.

Finally, when a medical student is ready for his/her next patient, they report to Intake to obtain their next file. Because the volunteer that assigns patient files to the medical student is also in close contact with the Intake Manager signing patients in, the committee member can provide the medical student with a relatively accurate account of why a patient has come to clinic before actually seeing the patient; essentially acting as an intermediary. This ensures that everything a patient dictates at the time of signing in is relayed to the medical student. With a cheerful and personable demeanor, like all of the committees at UCR’s Student Run Health Clinic, the Intake Committee strives to ensure that every patient’s visit is comfortable and worthwhile.
Mental Health
by Janee Both Gragg

The Master of Arts in Clinical Mental Health Counseling (CMHC) at the University Of Redlands School Of Education was uniquely designed to prepare graduate students to become Licensed Professional Clinical Counselors (LPCC) in the state of California. The Board of Behavioral Sciences (BBS) approved program, started in 2011, has an embedded emphasis on social justice and advocacy across its counseling curriculum. The hands-on didactic training encourages service learning, reinforcing the student’s educational experience while simultaneously allowing them the opportunity to give back to their communities.

University of Redlands students participate in the University of California, Riverside Student Run Health Clinic (SRHC) throughout the duration of the program as a central part of their academic and clinical preparation for the profession. The ability to incorporate service learning for students and provide counseling services to underserved populations is where the rubber meets the road for the Redlands program. Redlands students are learning about and witnessing first-hand the unique challenges and barriers faced by diverse populations who struggle with mental health issues while meeting an important need in the community. This exposure during their academic experience positions Redlands students well to begin addressing issues of access and stigma within their communities throughout the life of their careers.

The University of Redlands would like to acknowledge the strong and innovative leadership of Dr. Paul Lyons and his team who have successfully created a truly integrated model of health care allowing for a cutting edge student training experience. Special thanks go to the University of Redlands Town and Gown Organization whose Service Learning Grant helped to make this invaluable experience accessible for my students. Finally, the University of Redlands would like to honor those who are at the forefront of our efforts this evening. As Ruben Robles, Associate Dean of Student Life at the University of Redlands and SRHC Counseling Supervisor said, “I wonder if members of the community know how much they are helping to develop, shape and encourage the future doctors, dentists, pharmacists and clinicians of tomorrow.” The potential of this collaboration between University of Redlands and University of California, Riverside to make long-term contributions to the education of students across disciplines and to the lives of Inland Empire community members is substantial. I’m honored to be part of it.”

Learning Outcomes Include:

1. Gaining familiarity with the assigned clinical setting and provisions for clinical supervision, and adherence to its policies and procedures.

2. Integration and application of clinical knowledge- including human development and psychopathology--legal and ethical considerations, and social justice issues in actual counseling and consultation practice

3. Development of an effective, professional counseling relationship with clients and supervisors, other therapists, treatment teams and staff and individuals and agencies within the local community, including outreach.

4. Utilization of supervision and consultation feedback in assessing, intervening and addressing clients’ concerns.

5. Self-reflection and self-directed change for continued personal and professional development

6. Continued development of an ethical orientation and the identity of a professional counselor who advocates for both clients and the profession
Future of the Clinic

by Alice Brown

When I first began attending the SRHC in the Fall of 2012 we saw about 60 patients per night. I began working with the Social Services Committee and had the great fortune of speaking to many patients about their specific healthcare situations. I soon realized that many patients, although employed, fell into an awkward gap where they were unable to pay for their employers’ insurance but had too high of an income to qualify for Medi-Cal.

With the implementation of the Affordable Care Act, many patients who previously made too much now qualify for Medi-Cal and many other patients are able to access subsidized insurance plans through the Covered California health exchange. The full implementation of the exchange last October is one of the reasons I believe the clinic now sees an average of 45 patients per night. However, the Affordable Care Act is not a magic pill that has secured health insurance for all Americans. It unfortunately still leaves out many community members, like those who are undocumented or who are unable to access the subsidized insurance rates for a variety of reasons.

Through working at the SRHC, I have realized that despite all the political rhetoric about the uninsured and underserved, our patients are not numbers. They are people, very hard working and kind community members who deserve the best healthcare that we as students can provide. As I continue on to medical school, it is because of our patients that I will persist with projects like the SRHC to continuously serve those who have been left out of healthcare policy.

Jack of All Trades
From Social Services to Intake, undergraduate, Alice Brown, is able to help out wherever she is needed.
A Special Thank You

First Congregational Church

Dr. Richard Wing
Mrs. Donna Wing

Attendings

Dr. Paul Lyons
Dr. Maegen Dupper
Dr. Emma Simmons
Dr. Harold Jackson
Dr. Nate McLaughlin
Dr. Heidi Millard
Dr. Michael Nduati
Dr. Aaron Rubin
Dr. Robert Theal
Dr. Scott Glenny
Dr. Timothy Martinez

Nurses

Cami Wilson
Charlee Goodrum

Programs

Loma Linda Pharmacy
University of Redlands Mental Health
Western Dental

University of California Riverside School of Medicine
Credits

Newsletter Design
Kareem Shahin

Articles Compilation
Jason Tran

Photography
Jason Tran & Kareem Shahin

Proofreading
Alice Brown
Amber Newell
Michael Ibrahim

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