



RFC Volunteer Requirements | 2015

I. Volunteer Requirements

Riverside Free Clinic volunteers must meet the following requirements:

- a.) Have a GPA greater than or equal to a 2.8 is highly encouraged. For a GPA under this value, please use the space provided for question number three on the application to provide context regarding your academic status.
- b.) Be a current undergraduate student at UCR with at least sophomore standing by the start of Fall 2015. Alumni, including recent graduates, are ineligible to apply.
- c.) Demonstrate a strong desire to help and understanding of the underserved through activities including but not limited to: clinical experience, community service, employment, etc.
- d.) Attend at least 3 clinics a quarter. Clinics are held every other Wednesday from 5pm - 10pm.
- e.) Satisfy committee requirements.

For any questions regarding applicant eligibility, please email Marissa Carranza at UgAdmissions@riversidefreeclinic.com

II. Course (BMSC 097) Requirements

Eligibility: BMSC 097 is a 2-unit course consisting of lectures/panels/workshops held by UCR SOM Faculty. The course is a great opportunity for undergraduate students who want the opportunity to network with School of Medicine admissions officers, learn about the healthcare system, and prepare themselves for medical/graduate school.

The course will be offered to 25 undergraduate students who are accepted into RFC. These students must be actively involved with RFC and active members in an RFC committee. If there are more than 25 undergraduate students who are interested, then we will use a random lottery selection process to determine the 25 students that will be enrolled. **Keep in mind that this is not a required course if you are in RFC.**

Description: The course is scheduled to start in Fall 2015. It will be a 1-2 unit, 10 week, Pass/No Pass course.

The classroom component will take place every other Wednesday that there is no clinic and will most likely be offered at 5:30-7:00 pm. Some topics that will be discussed in this component include:

- 1) Taking vitals, History taking, Patient communication Skills
- 2) Case studies of diseases commonly seen in clinic (Diabetes, Hypertension, hyperlipidemia)
 - Disease presentation
 - Lab work
 - Medications
 - Treatment
- 3) Preventative Medicine with a counseling component - nutrition, exercise, smoking cessation
- 4) Health Disparities/Cultural Competence/Medical Spanish
- 5) Team-Based Care/Professionalism